

# ▪ SIZE GUIDE ▪

All sizes are approximate and should be used as a guide only

## ▪ MALE RANGE ▪

### Outer Jacket / Coverall / Soft-Shell Jacket / Fleece Jacket:

Size to order	XS	S		M		L		XL		2XL		3XL		4XL		5XL	
Chest inch	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64
Chest cm	82	87	92	97	102	107	112	117	122	127	132	137	142	147	152	157	162

### Overtrousers & Salopettes:

Size to order	XS	S	M	L	XL	2XL	3XL	4XL
Waist inch	26	28-30	32-34	36-38	40	42-44	46-48	50
Waist cm	66	71-76	81-86	91-96	101	106-111	116-121	126

### Trouser / Short:

Size to order	XS	S		M		L		XL		2XL		3XL		4XL		5XL	
Waist inch	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58
Waist cm	66	71	76	81	86	91	96	101	106	111	116	121	126	131	136	141	146
Inside leg short	29	29	29	29	29	29	29	29	29	29	29	29	29	29	29	29	29
Inside leg regular	31	31	31	31	31	31	31	31	31	31	31	31	31	31	31	31	31
Inside leg tall	33	33	33	33	33	33	33	33	33	33	33	33	33	33	33	33	33
Inside leg unfinished	36	36	36	36	36	36	36	36	36	36	36	36	36	36	36	36	36

### Polo / Sweatshirt / T-Shirt:

Size to order	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Chest inch	36	38	40	42	44	46	48	50	52
Chest cm	92	97	102	107	112	117	122	127	132

### Shirt:

Collar size inch	13.5	14	14.5	15	15.5	16	16.5	17	17.5	18	18.5	19	19.5	20	20.5	21	22
Collar size cm	35	36	37	38	39	41	42	43	45	46	47	48	50	51	52	53	54
Chest inch	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64
Chest cm	82	87	92	97	102	107	112	117	122	127	132	137	142	147	152	157	162

## ▪ FEMALE RANGE ▪

### Outer Jacket / Softshell Jacket / Fleece Jacket / Polo / Sweatshirt / T-Shirt:

Size to order	XS	S	M	L	XL	2XL
Female size	8	10	12	14	16	18
Bust inch	32	34	36	38	40	42
Bust cm	81.5	86.5	91	96	101	106

### Blouse / Tunic:

Female size	6	8	10	12	14	16	18	20	22	24	26	28	30	32
Bust inch	30	32	34	36	38	40	42	44	46	48	50	52	54	56
Bust cm	76.5	81.5	86.5	91	96	101	106	112	117	122	127	132	137	142

### Trouser:

Size to order	6	8	10	12	14	16	18	20	22	24	26	28	30						
Waist inch	25.5	26.5	28	30	32	34	36	39	41	43	45	47	49						
Waist cm	64.5	67	71	76	81	86	91	99	104	109	114	119	124						
Hip inch	34	36	38	40	42	44	46	49	51	53	55	57	59						
Hip cm	87.5	90	94	102	107	112	117	125	130	135	140	145	150						
Inside leg short	27	27	27	27	27	27	27	27	27	27	27	27	27						
Inside leg regular	29	29	29	29	29	29	29	29	29	29	29	29	29						
Inside leg tall	31	31	31	31	31	31	31	31	31	31	31	31	31						

### Universal Scrub Top:

Size to order	XS	S	M	L	XL	2XL	3XL												
Garment size	6	8	10	12	14	16	18	20	22	24	26	28	30						
Chest	32	34	36	38	40	42	44	46	48	50	52	54	56						
Bust inch	31.5	32.5	34	36	38	40	42	45	47	49	51	53	55						
Bust cm	80	82.5	86.5	91	96	101	106	114	119	124	129	134	139						

## FOOTWEAR SIZE GUIDE

### Male & Female:

Footwear size's	3	4	5	6	7	8	9	10	11	12	13								
European footwear size's	36	37	38	39	41	42	43	44	46	47	48								

## HOW TO MEASURE

### Neck:

Wrap the tape around the base of the neck. This should be a loose measurement. Alternatively, you can use a well fitting shirt. Lay the collar flat and measure from the centre of the button to the far edge of the buttonhole.

### Waist:

Wrap tape around smallest part of your waistline. Keep tape horizontal to the floor. Low waisted female styles will have the measurement adjusted at pattern stage. Keep the tape reasonably taut.

### Inside Leg:

Measure from the top of the crotch to the top of the shoe heel. Alternatively you can measure a well fitting pair of trousers. Please note overall inside legs will be shorter as the body length is longer.

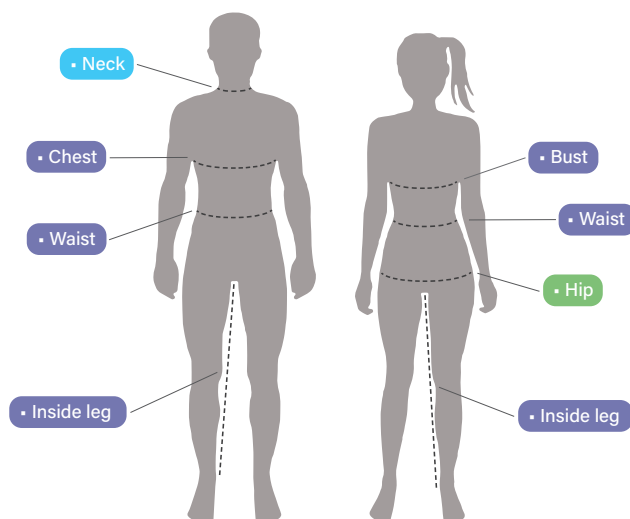
If your measurements fall outside the scope of the size charts, you may require a Made To Order (MTO) garment. Please request an MTO order form from customer services.

### Chest/Bust:

Wrap tape around the fullest part of the chest or bust and over the shoulder blades. Tape should be kept horizontal with the floor. Keep the tape reasonably taut. Please do not add additional measurement for fitting. This will be added at the manufacturing stage.

### Hip:

Female hipline - measure over fullest part of hip. Keep tape horizontal to the floor. Keep the tape taut.



Information Garments have been manufactured to accommodate freedom of movement. Not all the range are available in all sizes, please refer to individual garment text for inner garments so may appear larger. Before customising garments please ensure fit is correct as Orbit do not accept the return or exchange of customised garments. All sizes are approximate and should be used as a guide only. Unpadded interactive jackets are made with a size allowance to accommodate interactive